




By Mr. Adrian STOICA, President of the Men's Technical Committee 25 January 2012


The Men's Technical Committee made the following interpretations and decisions during the World Championships in Tokyo and 2011 meetings.

*Note: Video links and illustrations have been included in this newsletter. All video icons  connect to a YouTube video link demonstrating each individual element. There is also a description box posted under each video in YouTube for clarity. You can scroll down this text box to view all appropriate information.*

**New Elements submitted & evaluated at the 2011 World Championships in Tokyo:**  
(listed value, element group, & Code of Points position)

*Note: Execution deductions can be seen in the videos of some submitted elements. These deductions have not been evaluated because the main purpose of these videos is D jury recognition.*

**Floor Exercise**

1. JUMP BACKWARD WITH ½ TURN TO DOUBLE SALTO FORWARD STRETCHED WITH ½ TURN 



**F value**

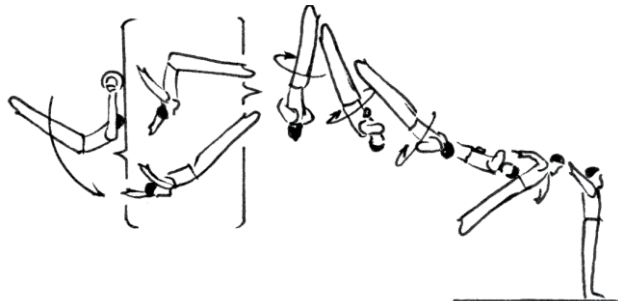
**Name: PENEV**

*Add to Code of Points: EG IV.24*

Submitted and Performed in Tokyo by Eddie PENEV (BUL)

**Rings**

2. SALTO FORWARD PIKED OR STRETCHED WITH 5/2 TURNS



*(No video submitted & not shown in competition)*

*Normal progression of the element- no future name possibility*

**D value**

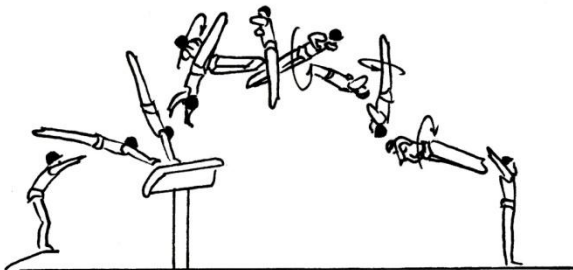
*To be added to Code of Points once performed in competition.*

Submitted by Max WHITLOCK (GBR)



**Vault**

3. HANDSPRING FORWARD AND SALTO FORWARD STRETCHED WITH 3/1 TURNS 



**7.4 value (Group III)**

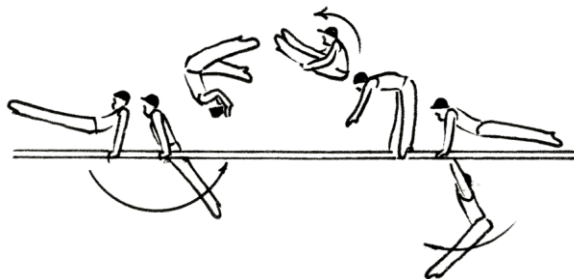
**Name: YANG Hak Seon**

*Add to Code of Points: EG III.48*

Submitted and Performed in Tokyo by YANG Hak Seon (KOR)

**Parallel Bars**

4. 5/4 SALTO FORWARD STRADDLED TO HANG 



**E value**

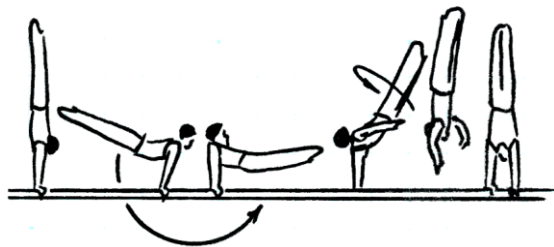
**Name: SASAKI**

*Add to Code of Points: EG I.89*

*(Note: Elements with saltos- An exercise cannot include more than one variation of the same element. The second executed in chronological order is considered as repetition. Applies to all versions of this element: to support, to upper arms, and to hang.)*

Submitted and Performed in Tokyo by Sergio SASAKI (BRA)

5. SWING FORWARD WITH 3/4 TURN AND HOP TO HANDSTAND ON ONE RAIL 



**D value**

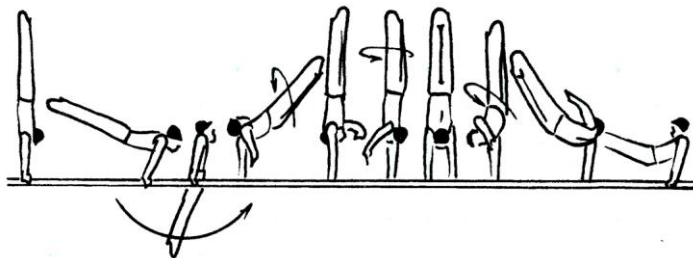
**Name: DIMIC**

*Add to Code of Points: EG I.4*

Submitted and Performed in Tokyo by Alen DIMIC (SLO)



6. SWING FORWARD WITH 5/4 TURN ON 1 ARM THROUGH HEALY TO SUPPORT ▶



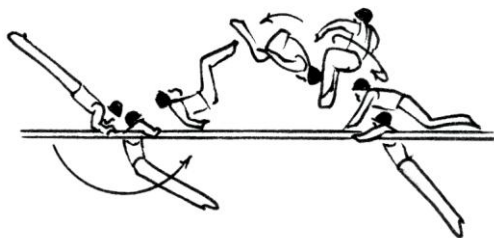
**F value**

*Element Group I (no Code of Points box assigned- not performed in competition)*

*(any momentary stop will result in two independent element values)*

Submitted by Epke ZONDERLAND (NED)

7. FROM UPPER ARM HANG, BWD. SALTO WITH ½ TURN TO UPPER ARM HANG ▶



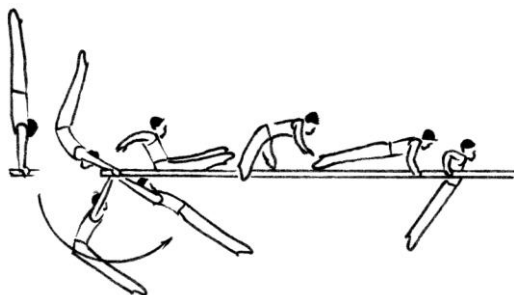
**D value**

**Name: DALTON**

*Add to Code of Points: EG II.22*

Submitted and Performed in Tokyo by Jacob DALTON (USA)

8. MOY PIKED WITH STRADDLE CUT BACKWARD TO BENT ARM SUPPORT ▶



**C value, EG III**

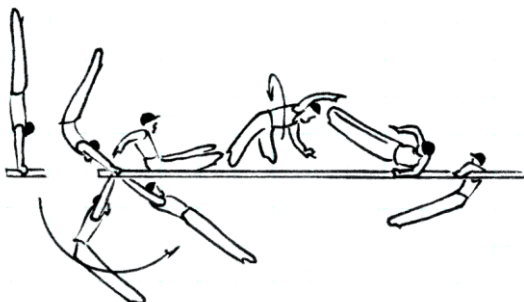
*(same box & and value as performed to upper arm hang)*

*No Code of Points box will be assigned until 2013 for this element to bent arm OR upper arm position. The upper arm version will not be in the same box as the Bhavsar (as stated in Newsletter 25) & now considered as a Moy type element.*

Submitted and Performed in Tokyo by Mahmood AL SADI (QAT)



9. MOY PIKED WITH STRADDLE CUT BACKWARD AND ½ TURN TO UPPER ARM HANG (ALSO WITH LEGS TOGETHER) ▶

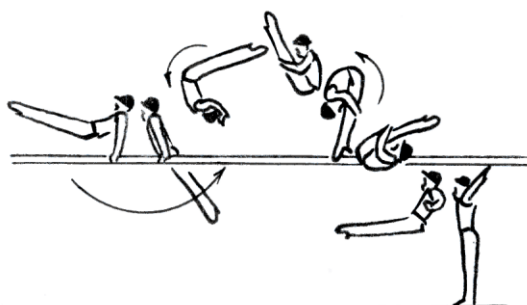


**B Value**

*Add to Code of Points: EG III.8*

Submitted and performed in Tokyo by Ahmed AL DAYANI (QAT)

10. DOUBLE SALTO FORWARD PIKED ▶



**F value**

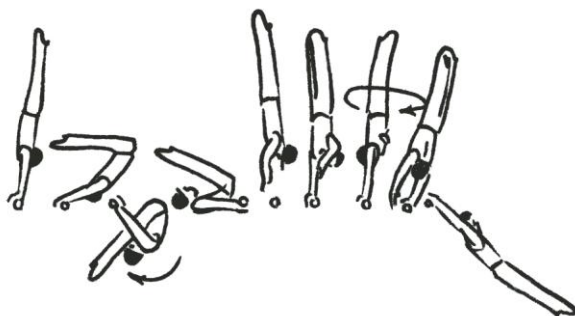
**Name: BELYAVSKIY**

*Add to Code of Points: EG V.6*

Submitted and Performed in Tokyo by David BELYAVSKIY (RUS)

### Horizontal Bar

11. STOOP CIRCLE REARWAYS WITH HOP TO HANDSTAND UNDERGRIP ON ONE ARM TO 1/1 TURN TO DOUBLE EL-GRIP ▶



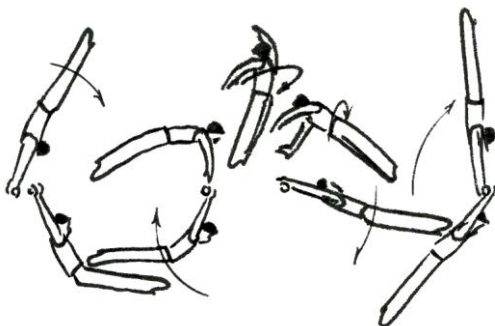
**D+C values**

*Two separate elements: Stoop circle rearward forward hop to handstand in undergrip or overgrip (Element IV.10) and Giant swing fwd.with 1/1 turn in double elgrip (Element I.15)*

Submitted by Jossimar CALVO MORENO (COL)



12. YAMAWAKI ½ STRETCHED TO MIXED GRIP INTO BACK UPRISE TO HANDSTAND 



**E value**

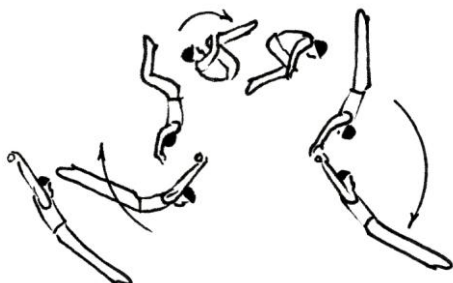
**Name: MUÑOZ**

*Add to Code of Points: EG II.47*

*(This element will be evaluated as a D value without the back uprise to handstand)*

Submitted and Performed in Tokyo by Sergio MUÑOZ (ESP)  
also submitted and performed by Enrique POZZO (ITA), but element shown in FIG competition earlier by MUÑOZ

13. GAYLORD FROM EL-GRIP 



**D value**

*Add to Code of Points: EG II.52*



*(same box & value as Gaylord)*

*Element has been performed previously in competition, evaluated based on current rules.*

Submitted and Performed in Tokyo by Vlasios MARAS (GRE)

**Interpretations & Decisions from 2011-2012 meetings:**

14. Pommel Horse- Russians between the pommels

- Russian 1080 between the pommels= E (Code of Points Element IV.59) 
- Russian 720 or 900 between the pommels= C value (same element & Code box as IV.57) 
- Russian 360 or 540 between the pommels= B value (same element & Code box as IV.56)
- Russian 180 or 270 between the pommels= A value (same element & Code box as IV.55)

15. Pommel Horse- Falls on Russian dismounts

A fall on a Russian dismount always receives value for the Russian element demonstrated by the gymnast. The gymnast receives the value for the completed Russian element (EG IV), not EG V. If the D-jury concludes that the gymnast fell in performance of the Russian dismount, no value will be given for a Russian dismount element or EG V, but all execution deductions will apply. Example: Gymnast falls while attempting a 1080 Russian dismount, but only completes 900° of the Russian before falling. Gymnast will receive a C value (EG IV) for completing the 900 Russian, but no (EG V) dismount credit

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since he did not officially complete a dismount. A gymnast may NOT repeat a dismount for value (general Code of Points rule). In the case of this example, the gymnast may perform a non-Russian dismount to receive a dismount value and credit for EG V.

### 16. Pommel Horse- Russian Wendeswing to Wende dismount



A Russian Wendeswing to a dismount beginning in cross support rearways does not require a Wende to receive the listed value for the dismount.


Example (1080 Russian- D value dismount, Code of Points V.10) 

*In this example: The 1080 Russian Wendeswing began from a Wu Guonian*

### 17. Pommel Horse- Magyar travel & Sivado in direct series (and vice versa)

A *Magyar travel* and *Sivado* in direct series share a common circle between them.

a) Two Examples (in direct series)- *Magyar travel* (D value, Code of Points, III.46) to *Sivado* (D value, Code of Points III.58)  

b) Example (one circle between)- *Magyar travel* (D value, Code of Points, III.46) to *Circle in cross support rearways on end* (A value, Code of Points II.19) to *Sivado* (D value, Code of Points III.58) 

### 18. Rings- Element Evaluation

Salto bwd stretched with 3/2 turns= C value EG V (add in box with stretched 2/1 twist, EG V.27)

### Elements with Names Granted Retroactively:

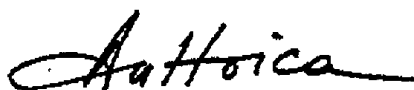
(First gymnasts to perform these elements in a FIG competition)

19. Pommel Horse- DSA or Reverse Stockli to handstand, 3/3 travel, 360° turn, and return to flair or circles= F value (EG IV.72) Name granted: BUSNARI (ITA)

20. Parallel Bars- Dimitrenko piked= F value (EG II.24)  
Name granted: LI Xiaopeng (CHN)

21. Parallel Bars- Morisue piked= E value (EG I.41)  
Name granted: HUANG Liping (CHN)

With compliments,



**Adrian STOICA**  
**MTC President**



**Steve BUTCHER**  
**MTC Secretary**

Acknowledgement: All illustrations by Koichi Endo (JPN)